






# MENU Week Two

	Monday	Tuesday	Wednesday	Thursday	Friday
	<b>Breakfast</b> A Selection of Cereals Brown Bread Toast	A Selection of Cereals Brown Bread Toast	A Selection of Cereals Brown Bread Toast	A Selection of Cereals Brown Bread Toast	A Selection of Cereals Brown Bread Toast
	<b>Snack</b> Seasonal Fruit	Breadsticks	Banana	Pitta & Homemade Dip	Apple Slices
	<b>Lunch</b> Beef Stew with Dumplings	Fish Pie with Peas	Lamb Tagine with Couscous	Caribbean Chicken & Rice	Chilli Con Carne with Jacket Potato
	<b>Vegetarian Option</b> Vegetable Stew with Dumplings Fruit Trifle	Lentil Pie with Peas Banana & Custard	Vegetable Tagine with Couscous Seasonal Fruit	Caribbean Quorn & Rice Chocolate Cake	Chilli Sin Carne with Potato Yoghurt & Berries
	<b>Snack</b> Pitta & Homemade Dip	Apple Slices	Cracker & Spread	Satsuma	Cheese Straws
	<b>Tea</b> Carrot & Corriander Soup Lemon Drizzle Cake	Sausage Rolls/ Cheese Rolls with Spaghetti Hoops Natural Yoghurt	Sandwiches with Vegetable Sticks Anzac Cookies	Jacket Potato with Beans & Cheese Fresh Fruit Salad	Macaroni Cheese Treacle Sponge