


# MENU Week Four

|   | Monday                          | Tuesday                                     | Wednesday                       | Thursday                             | Friday  |
|---|---------------------------------|---|---------------------------------|--------------------------------------|---|
|  <b>Breakfast</b>  | A selection of cereals or toast | A selection of cereals or toast             | A selection of cereals or toast | A selection of cereals or toast      | A selection of cereals or toast                 |
|  <b>AM Snack</b>   | Breadsticks                     | Banana                                      | Rice cakes                      | Satsuma                              | Crumpets  |
| <b>Lunch</b>  | Beef lasagne with salad         | Piri Piri chicken with peas and cous cous   | Salmon and broccoli pasta       | Vegetable korma and rice             | Hot dogs with wedges and corn on the cob        |
|  <b>Vegetarian</b> | Vegetable lasagne with salad    | Vegetable Piri Piri with peas and cous cous | Cheesy broccoli pasta           | As above                             | Vegetarian hot dogs, wedges and corn on the cob |
| <b>Pudding</b>  | Fruit yoghurt                   | Eton mess                                   | Watermelon                      | Fruit salad                          | Strawberries                                    |
|  <b>PM Snack</b>  | Watermelon                      | Mango                                       | Grapes                          | Melon                                | Apple   |
| <b>Tea</b>  | Cheese on toast                 | Mac and cheese with garlic bread            | Cream cheese bagels             | Margarita pizza and vegetable sticks | Tuna pasta salad                                |
|  <b>Pudding</b>  | School cake                     | Shortbread                                  | Cupcake                         | Natural yoghurt                      | Chocolate brownie                               |