

# MENU Week One



## Breakfast

A selection of cereals or toast

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## AM Snack

Crackers and spread

Clementine

Teacakes

Grapes

Crumpet

## Lunch

Sweet and sour pork with wholegrain rice

Fish pie and peas

Chicken casserole with new potatoes

Vegetable korma with rice

Spaghetti bolognaise



## Vegetarian

Sweet and sour veg with wholegrain rice

Vegetable pie and peas

Vegetable casserole with new potatoes

Vegetable korma with rice

Vegetable bolognaise

## Pudding

Greek yoghurt

Pear

Rice pudding with jam

Banana and custard

Satsuma



## PM Snack

Mixed winter berries

Breadsticks

Banana

Pitta and dip

Pineapple

## Tea

Vegetable risotto

Toasted cream cheese bagel with vegetable sticks

Penne Napoli

Margarita pizza with vegetable sticks

Beans on toast



## Pudding

Chocolate chip cookie

Apple pie

Greek Yoghurt

Apple

Fruit cake