

MENU - Week One



	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	A selection of cereals or toast	A selection of cereals or toast	A selection of cereals or toast	A selection of cereals or toast	A selection of cereals or toast
AM Snack	Crackers and spread	Clementine	Teacakes	Grapes	Crumpet
Lunch	Toad in the hole mash and vegetables	Fish pie and peas	Chicken casserole and new potatoes	Vegetable korma and rice	Spaghetti bolognaise
Vegetarian	Vegetarian sausages With new potatoes and Vegetables	Vegetable pie with peas	Vegetable casserole	As above	Vegetable bolognaise
Pudding	Yoghurt	Pear	Rice pudding and jam	Banana and custard	Satsuma
PM Snack	Mixed winter berries	Breadsticks	Banana	Pitta and dip	Pineapple
Tea	Vegetable risotto	Toasted cream cheese bagel and vegetables sticks	Penne napoli	Farmhouse pizza and vegetables sticks	Beans on toast
Pudding	Chocolate chip cookie	Apple pie and custard	Yoghurt	Apple	Fruitcake

All meals are homemade and freshly prepared on the premises. Vegetarian options available to all meals and puddings