

MENU - Week Three



	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	A selection of cereals or toast	A selection of cereals or toast	A selection of cereals or toast	A selection of cereals or toast	A selection of cereals or toast
AM snack	Pretzels and cheese	Cracker and spread	Apple	Breadstick and hummus	Pineapple
Lunch	Chicken margherita with rice	Beef chilli and jacket potato	Sausages, beans and mash	Fish fingers with sweetcorn and wedges	Vegan butternut squash macaroni
Vegetarian	Quorn fillet margherita with rice	Vegetarian chilli and jacket potato	Vegetarian sausages, beans and mash	Vegetable fingers with sweetcorn and wedges	As above
Pudding	Banana	Banana and chocolate chip bread	Mixed winter berry crumble	Blueberries	Natural yoghurt
Pm snack	Blackberries	Satsuma	Teacakes	Banana	Pitta and dip
Tea	Assorted sandwiches and vegetable sticks	Macaroni cheese and garlic bread	Cheese topped jacket potato	Vegetable paella	Soup of the day with crusty roll
Pudding	Fruit jelly	Fruit yoghurt	Banana	Ginger cake	Chocolate chip shortbread

All meals are homemade and freshly prepared on the premises. Vegetarian options available to all meals and puddings