

MENU - Week Four



	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	A selection of cereals or toast	A selection of cereals or toast	A selection of cereals or toast	A selection of cereals or toast	A selection of cereals or toast
AM snack	Breadsticks	Banana	Rice cakes	Satsuma	Crumpets
Lunch	Beef lasagne with garlic bread	Chicken curry, rice and naan	Roast chicken, potatoes and seasonal vegetables and gravy	Vegetable cottage pie	Sausage casserole and mash
Vegetarian	Vegetable lasagne with garlic bread	Vegetable curry, rice and naan	Quorn, potatoes and seasonal vegetables	Same as above	Vegetarian sausages and mash
Pudding	Fruit salad	Yoghurt	Clementine	Cupcake	Fruit and jelly
PM snack	Grapes	Scotch pancakes	Grapes	Pretzels	Apple
Tea	Veggie supreme pizza	Beans on toast	Toasted panini and vegetables sticks	Penne napoli	Assorted sandwiches and vegetables sticks
Pudding	Jam sponge and custard	School cake	Blueberry muffin	Blackberries	Chocolate brownie

All meals are homemade and freshly prepared on the premises. Vegetarian options available to all meals and puddings