

MENU Week Four



Breakfast

A selection of cereals or toast

A selection of cereals or toast

A selection of cereals or toast

A selection of cereals or toast

A selection of cereals or toast



AM Snack

Breadstick

Banana

Rice cakes

Satsuma

Crumpets

Lunch

Coconut fish curry with rice

Pork hot pot with vegetables

Roast chicken, roast potatoes, broccoli, peas and gravy

Vegetable cottage pie

Beef lasagne with garlic bread



Vegetarian

Vegetable curry with rice

Vegetable hot pot

Roast Quorn roast potatoes, broccoli, peas and gravy

Vegetable cottage pie

Vegetable lasagne with garlic bread

Pudding

Fruit salad

Fruit and yoghurt

Clementine

Cupcake

Melon



PM Snack

Grapes

Cheese and pineapple

Pear

Cracker with spread

Apple



Tea

Vegetable supreme pizza with corn on the cob

Beans on toast

Toasted panini with vegetable sticks

Penne Napoli with peas and sweetcorn

Assorted sandwiches with vegetable sticks

Pudding

Jam sponge and custard

School cake

Blueberry muffin

Mixed berries

Chocolate brownie